

2023-2024 IHSA Swimming & Diving Qualifying Standards

Event	2023 Girls	Students with Physical/ Visual Disabilities		2024 Boys	Students with Physical/ Visual Disabilities	
		Class A	Class B		Class A	Class B
200 Medley Relay	1:48.67			1:36.87		
200 Free	1:56.12	7:30.00*	5:30.00*	1:44.45	7:00.00*	5:00.00*
200 IM	2:10.25			1:57.20		
50 Free	:24.36	3:00.00*	2:15.00*	:21.72	2:45.00*	2:00.00*
100 Butterfly	:58.33			:51.98		
100 Free	:52.97	4:45.00*	3:30.00*	:47.60	4:15.00*	3:00.00*
500 Free	5:13.47			4:46.31		
200 Free Relay	1:39.08			1:27.40		
100 Back	:58.44			:52.92		
100 Breast	1:06.85	5:30.00*	5:00.00*	:59.22	5:00.00*	4:30.00*
400 Free Relay	3:36.89			3:12.78		

* Proposed SQT same as last year